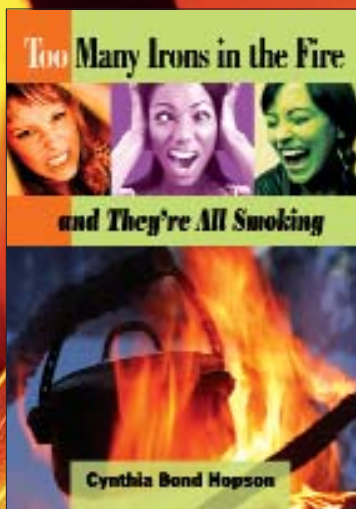


FEATURED AUTHOR OF THE MONTH: Cynthia Bond Hopson

Wisdom, advice & encouragement with **humor mixed in!**



NEW

Too Many Irons in the Fire

And They're All Smoking
by Cynthia Bond Hopson

"If life gives you lemons, squeeze the lil' suckers and let 'em know who's boss."—Cynthia Bond Hopson

Do you need a friend? Meet Cynthia Bond Hopson. She's walked in your shoes and has the bunions to prove it. Her life hasn't always been easy, but she is dealing with it, praying about it, and laughing at it. In this little book, as in her popular *Bad Hair Days*, *Rainy Days*, and *Mondays*, she offers a month's worth of wisdom, advice, and encouragement for women in the form of 31 short daily meditational readings. These include:

"I'm not fat, I'm filled out"

"Yes, you can have a sandwich without Miracle Whip"

"Dignity—it's your right"

"Gotta have in-laws so we can have country music"

"It's a bad habit, but it's mine"

Each reading consists of a quotation, a Scripture reading, the meditation itself, and a closing prayer, all written in a style that is conversational, humorous, and appealing.

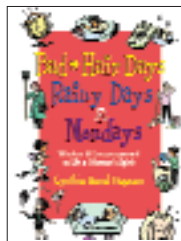
Dimensions for Living.

OJ0-9780687491674. Paper, **\$10.00**

quote

"...vital devotional reading to anyone who is doing more than one thing at a time. Cynthia Bond Hopson candidly writes about her multitasking life and invites us along for an inspiring journey."

—Sharon C. Patterson, author of *A Mile in Her Shoes*



Bad Hair Days, Rainy Days, and Mondays

Wisdom and Encouragement to Lift a Woman's Spirit
Offers a month's worth of wisdom, advice, and encouragement for women. Written in a style that is conversational, humorous, and appealing, each reading consists of a quotation, a Scripture reading, the meditation itself, and a closing prayer.

Dimensions for Living.

OJ0-9780687496181. Paper, **\$10.00**

quote

"Cynthia Bond Hopson's book provides humor therapy with a lot of wisdom and encouragement thrown in. And you don't even have to make an appointment!"—Martha Bolton,

author of *Didn't My Skin Used to Fit?*



Cynthia Bond Hopson on writing

I've always loved to write; it's work that I enjoy. I started writing formally as an adult when my elementary school closed, and I wrote about what it meant to me and my community. I sent the article to my hometown newspaper, the *Brownsville States-Graphic*, and they published it. I then started a bimonthly column there called "Hopson's Haywood"

and wrote about growing up in Haywood County. *Wiggle Tales* is a collection of the columns. (My first grade teacher called us wiggletails because we could hardly sit still.)

Writing is an outlet for the wisdom I've gained in my 52 years. I always loved to ask people questions, and had the good sense to listen to their answers. The people I learned from taught me to serve God through giving my hands, heart, and feet to make a difference.

People encouraged me and touched me in many special ways. My father was one of those encouragers. At his funeral, people

talked about how he had helped and encouraged them; he was a lifter up of people. My sister says I take after him.

I believe the Lord put me on the earth to bring sunshine and joy, and I hope my books help me do that. Abingdon told me to give my first book with them a fun title, because it's a fun book. People loved the title, *Bad Hair Days*, *Rainy Days*, and *Mondays*.

This new title is a direct reflection of where I am today. I kept saying, "I have too many irons in the fire, and they're all smoking!" There are days I am overwhelmed and I don't have a bucket or a fire extinguisher, but I trust God with everything that is important to me and God always sees me through. And whether I am on the mountain or in the valley, the paths make me strong.

Writing this book was challenging because it was often difficult to find time and space to quieten my mind and gather my thoughts. I had to set a deadline and make new habits. Throughout my days, as God spoke to my heart, I made notes. I would sit down later, review my notes, run things by my husband, and put it all into context. I owe my life, and my new book, to God and my ever-present pad of purple Post-it® notes.

Cynthia Bond Hopson has written thought-provoking and inspirational columns, feature articles, and speeches. She has been nominated for teaching excellence and has been named to the Who's Who Among American Teachers five times. Formerly associate professor of journalism at the University of Memphis, she is assistant general secretary of the Black College Fund and Ethnic Concerns for the United Methodist Board of Higher Education and Ministry in Nashville, Tennessee.